

Region	TOTAL_90	Pop2k	Incr from 1990	PCT Incr from 1990	Pop2010	Incr from 2000	PCT Incr from	Difference from Statewide
NYC_SDs (10-34,36)	7,401,620	8,088,525	686,905	9.3%	8,254,821	166,296	2.1%	-0.1%
UP_SDs (35, 37-63)	7,979,623	8,134,019	154,396	1.9%	8,290,399	156,380	1.9%	-0.2%
LI_SDs (1-9)	2,609,212	2,753,913	144,701	5.5%	2,832,882	78,969	2.9%	0.8%
Non-LI	15,381,243	16,222,544	841,301	5.5%	16,545,220	322,676	2.0%	-0.1%
Non-NYC	10,588,835	10,887,932	299,097	2.8%	11,123,281	235,349	2.2%	0.0%
Non-UP	10,010,832	10,842,438	831,606	8.3%	11,087,703	245,265	2.3%	0.1%
Hudson Valley Counties	2,960,539	3,135,150	174,611	5.9%	3,292,511	157,361	5.0%	2.9%
Rest of Upstate	5,019,084	4,998,869	(20,215)	-0.4%	4,997,888	(981)	0.0%	-2.1%
Statewide	17,990,455	18,976,457	986,002	5.5%	19,378,102	401,645	2.1%	

Bold are the regions displayed on the map.

Hudson Valley Counties Warren, Washington, Saratoga, Rensselaer, Albany, Schenectady,

Greene, Columbia, Dutchess, Ulster, Orange, Putnam, Rockland

Westchester (except Mt. Vernon and Pelham)

NYC Includes Mt Vernon and Pelham in Westchester County

